

Autumn Term 2019

	WEEK 1 2 nd sept , 23 rd September 14 th oct , 11 th nov , 2 nd December	WEEK 2 9 th & 30 th September 21 st October. 18 th November 9 th December	WEEK 3 16 th September 7 th October.4 th & 25 th November 16 th December
M O N D A Y	Organic Beef meat balls in tomato sauce with Pasta Broccoli & Sweetcorn 50/50 Bread **** Chocolate Surprise Muffin Fresh Fruit or Organic Pot Yoghurt	Pasta Bolognese Peas & Sweetcorn Tomato Bread **** Fresh Fruit Platter or Yoghurt	Tuna & Sweetcorn Slice Diced Potato Baked Beans Carrot sticks Sliced Wholemeal Bread **** Digestive Biscuit Cheese & Fruit Fresh Fruit or Organic Pot Yoghurt
T U E S D A Y	Chicken Korma & Rice Cauliflower & Green beans Naan Bread **** Sticky Date Bar with Custard Fresh Fruit or Organic Pot Yoghurt	V Popeye Pinwheel Pizza Italian Pasta Salad Grated Carrot Chipped Potato **** Chocolate Orange Sponge & Chocolate Sauce Fresh Fruit or Organic Pot Yoghurt	Beef Hot Pot Sweet Potato Mash Savoy Cabbage & Carrots Sunflower Bread **** Rice Pudding with Peaches Fresh Fruit or Organic Pot Yoghurt
W E D N E S D A Y	Sausage Mash & Onion Gravy Mixed Greens & Carrots Sliced Wholemeal Bread **** Digestive Biscuit With Cheese & Apple Fresh Fruit or Organic Pot Yoghurt	Roast Beef & Yorkshire Pudding Carrots & roast Parsnips Gravy Creamed Potato Herbie Bread **** Fresh Fruit or Yoghurt	Chicken & Veg Pie ½ Jacket Potato Medley Of Veg Crusty Bread **** Apple Berry Fool Fresh Fruit or Organic Pot Yoghurt
T H U R S D A Y	Cottage Pie Broccoli & Winter Red Coleslaw Crusty Bread **** Fruity Ginger Bread & Custard Fresh Fruit or Organic Pot Yoghurt	Moroccan chicken with Cous Cous Veg Sticks Apricot Bread **** Raspberry Bun & Cheese Fresh Fruit or Organic Pot Yoghurt	Mexican Minced Pork Wrap Vegetable Rice Spanish Coleslaw Green Salad **** Orange Shortcake with Custard Fresh Fruit or Organic Pot Yoghurt
F R I D A Y	Crispy Battered Fish Baked Beans Chipped Potato Sunflower Seed Bread **** Fruit Salad Fresh Fruit or Organic Pot Yoghurt	Crunchy Salmon Nibbles Tomato Sauce Broccoli & Carrots Potato Wedges Pumpkin Bread **** Oaty Apple Crumble & Custard Fresh Fruit or Organic Pot Yoghurt	Fish Finger Peas & Sweetcorn Chipped Potatoes Wholemeal Bread **** Winter Sponge Fresh Fruit or Organic Pot Yoghurt

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