



HOME LEARNING: ACORNS

Week 4: Food glorious food



Maths Tasks

- Can you follow a recipe for baking or cooking making sure you measure out the ingredients carefully and check the cooking time?
- Can you help prepare some food by cutting it from whole into halves and quarters? How do you know it is half?
- When eating or helping prepare food can you count how many of an item you have? What if you added two more, how many would you have then?
- Can you find the answer to some single digit additions using sweets or pieces of fruit? If you get the answers right you get to eat them!

$2 + 7 = \square$

$9 + 2 = \square$

$4 + 6 = \square$

$8 + 3 = \square$

$5 + 2 = \square$

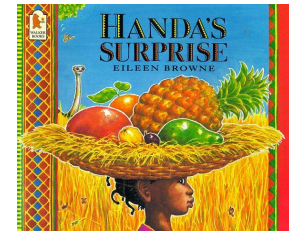
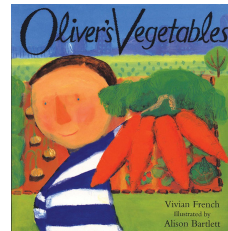
$5 + 7 = \square$

$4 + 5 = \square$

$4 + 5 = \square$

Reading Tasks

- Can you read the information on packets of food? What does this tell you? Why do you think we need all the writing on food packaging?
- There are lots of great stories which are about food that you can read. For example, Oliver's Vegetables, The Very Hungry Caterpillar, Handa's Surprise and The Enormous Turnip. What books do you have that have food in them?



- Can you play the Robot Reading game? Can you sound out the Robot's words to read them? Select Phase 3 or 4 to play.

Daily Phonics Tasks

- Can you have a go at clapping, stomping and chomping the syllables in words using ["The Syllable Song"](#)? Can you clap, stomp or chomp the syllables in some of your own words? Perhaps you could make a list of words with 1, 2 and 3 syllables in them?
- Can you play a game of eye spy? When a word is guessed write it down so you can't use it again.
- Can you play the sound squirting game? See example of game [here](#). If you don't have a water pistol you could use a paint brush and water, or just tap the sound you have found. You can use Phase 2/3/4 sounds.

Writing Tasks

- Can you help your parents by writing a shopping list for the food you need? Don't forget to add how many of each item you need.
- Can you make a poster to show what is healthy eating? Perhaps you could draw pictures of healthy food or meals and explain why they are healthy?
- Can you leave a piece of bread or cut up fruit out over the week and write a diary to show what happens to it each day? What do you think will happen to it and why?

Keep Active!

- Join in with [Joe Wicks](#) every morning at 9am for #PEwithJOE
- Can you complete a [Jump Start Johnny](#) energiser, challenge or chill out? This is a great way to keep your body fit and healthy.
- Can you create a throwing challenge? Decide where the throwing start point is and create targets getting further and further away. Perhaps you could add points to each target, the further the target is the more points you collect!

Mindfulness

- Can you get messy with food, maybe using Jelly, spaghetti or mashing potato? Enjoy some sensory play and exploring.
- Can you use food to create a face or picture of your choice? I would love to see photos of your creations. Email them to admin@kf.starmat.uk



Learning Project

(Various activities covering the wider curriculum to be completed over the week)

- Can you sort food into categories of healthy or unhealthy? What does this mean? Can you talk about why we need food and why it is important to eat the right foods? What happens to our bodies when we eat certain foods?
- Can you find out where food comes from? Write a list of your favourite food and use the internet to search where the food is grown or made. Does it come from animals, grown in the ground, plants or trees?
- Can you play a tasting challenge game? The taster has to wear a blindfold and guess what the food is they are eating... No cheating!