

**NYCC -NYES Catering – Plant Based Autumn Term Choice Menu 2021**

	<b>WEEK 1</b> w/c 6 <sup>th</sup> & 27 <sup>th</sup> Sept, 18 <sup>th</sup> Oct, 15 <sup>th</sup> Nov, 1 <sup>st</sup> Dec	<b>WEEK 2</b> w/c 13 <sup>th</sup> Sept, 2 <sup>nd</sup> Oct, 1 <sup>st</sup> & 22 <sup>nd</sup> Nov, 13 <sup>th</sup> Dec	<b>WEEK 3</b> w/c 20 <sup>th</sup> Sept, 11 <sup>th</sup> Oct, 8 <sup>th</sup> & 29 <sup>th</sup> Nov
<b>M O N D A Y</b>	Vegetable Sausage in a Bun Chipped Potatoes Peas & Carrots ***** Sticky Date & Apple Bars with Vanilla Sauce. Fresh Fruit	Vegetable & Bean Quesadilla & Rice Sweetcorn & Green Beans ***** Sultana & Oat Cookie Fresh Fruit	Vegetable Casserole & Dumpling ½ Jacket Potatoes Mixed Vegetables Crusty Bread **** Fruit Cookie Fresh Fruit
<b>T U E S D A Y</b>	v Macaroni Cheese Green Beans & Sweetcorn Crusty Bread ***** Oat Cookie Fresh Fruit	Veggie Pasta Bolognese Mixed Greens & Carrots Middletons Garlic Bread ***** EF Fruit Muffin Fresh Fruit	v Vegetable Sausage & Potato Wedges with Tomato Ketchup v Cheese & Tomato Pasta Green Beans & Sweetcorn Middletons Herby Bread ***** EF Shortbread Fresh Fruit
<b>W E D N E S D A Y</b>	v Vegetable Roast Sage & Onion Stuffing & Gravy Roast Potatoes Medley of Vegetables HM Middletons Bread ***** EF Fruit Muffin Fresh Fruit	Vegetable Sausage with Onion Gravy Creamy Mashed Potatoes Broccoli & Swede HM Middletons Bread ***** Soya Dessert Pot Fresh Fruit	v Falafel Burger Creamy Mashed Potatoes Gravy Broccoli & Carrots HM Middletons Bread **** Forest Fruit Roly Poly & Vanilla Sauce Fresh Fruit
<b>T H U R S D A Y</b>	v Vegetable Chilli Boats Savoury Rice Carrots & Broccoli Pitta Bread **** Fresh Fruit or Soya Dessert Pot	v Cheese & Tomato Pizza with Diced Potatoes Crunchy Veg Sticks *** Apple & Berry Crumble & Vanilla Sauce Fresh Fruit	Vegetable Korma & Rice Green Beans & Cauliflower Naan Bread ***** Fresh Fruit or Soya Dessert Pot
<b>F R I D A Y</b>	v 5 Veggie Pasta Baked Beans & Peas Wholemeal Bread ***** EF Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit	v EF Cheesy Pastry Tomato Ketchup Chipped Potatoes Carrots & Peas HM Middletons Bread ***** EF Fruit Shortcake Fresh Fruit	v Roast Vegetable Parcel Chipped Potatoes Peas & Sweetcorn HM Middletons Bread **** MF Swiss Bun Fresh Fruit



All dishes highlighted in yellow, are on your corresponding **PB Allergen Matrix** and **Plant Based Recipes**.