

NYCC - North Yorkshire Catering – Autumn 2021 – Vegetarian

	WEEK 1 w/c 6 th & 27 th Sep, 18 th Oct, 15 th nov, 1 st Dec	WEEK 2 w/c 13 th Sep , 2 nd Oct 1 st & 22 nd Nov, 13 th Dec	WEEK 3 w/c 20 th Sep , 11 th Oct 8 th & 29 th Nov
M O N D A Y	Vegetable Sausage in a Bun Chipped potatoes Peas & Carrots Slice wholemeal Bread Panini or Sandwich sticky Date & Apple Bar with Custard Fresh Fruit or Fruit Yoghurt (pot)	5 Veggie Pasta Sweetcorn & Green Beans Sliced Wholemeal Bread Panini or Sandwich Sultana & Oat Cookie Fresh Fruit or Fruit Yoghurt (pot)	Veg & Bean Tortilla Boat ½ Jacket Potato Mixed Vegetables Poppy Seed Bread Panini Or Sandwich Chocolate Crispy Fresh Fruit or Fruit Yoghurt(Pot)
T U E S D A Y	Macaroni Cheese Green Beans & Sweetcorn Crusty Bread Panini Or Sandwich Cheese & Crackers Fresh Fruit or Fruit Yoghurt (Pot)	Crunchy topped Cauliflower & Broccoli Cheese Mixed Green & Carrots Garlic Bread Panini Or Sandwich Cheese & Crackers Fresh Fruit or Fruit Yoghurt (Pot)	Quorn Dippers & Potato Wedges Tomato Ketchup Peas & Sweetcorn Herby Bread Panini Or Sandwich Cheese & Crackers Fresh Fruit or Fruit Yoghurt (Pot)
W E D N E S D A Y	Vegetable Roast Roast Potatoes Medley Of Vegetables 50/50 Bread Panini Or Sandwich Fruit Muffin Fresh Fruit or Fruit Yoghurt (pot)	Vegetable Casserole & Dumplings Creamy Mash Potato Broccoli & Swede Herbie Bread Panini Or Sandwich Fruit Mouse	Falafel Burger Creamy Mashed Potatoes Broccoli & Carrots 50/50 Bread Panini Or Sandwich Forest Fruit Roly Poly & custard Fresh Fruit or Fruit Yoghurt (Pot)

<p style="text-align: center;">T H U R S D A Y</p>	<p style="text-align: center;">Vegetable Curry Savoury Rice</p> <p style="text-align: center;">Carrots & Broccoli</p> <p style="text-align: center;">Panini Or Sandwich</p> <p style="text-align: center;">Fresh Fruit or Fruit Yoghurt</p>	<p style="text-align: center;">Cheese & Tomato Pizza</p> <p style="text-align: center;">Diced Potato</p> <p style="text-align: center;">Crunchy Veg Sticks</p> <p style="text-align: center;">Apricot Seed Bread</p> <p style="text-align: center;">Panini Or Sandwich</p> <p style="text-align: center;">Apple Berry Crumble with Custard</p> <p style="text-align: center;">Fresh Fruit or Fruit Yoghurt (Pot)</p>	<p style="text-align: center;">Cheese & Leek Potato Bake Green Beans & Cauliflower Naan Bread</p> <p style="text-align: center;">Panini Or Sandwich</p> <p style="text-align: center;">Fresh Fruit or Fruit Yoghurt</p>
<p style="text-align: center;">F R I D A Y</p>	<p style="text-align: center;">Cheese & Onion Quiche</p> <p style="text-align: center;">½ Jacket Potato</p> <p style="text-align: center;">Baked Beans & Peas</p> <p style="text-align: center;">HM Wholemeal Bread</p> <p style="text-align: center;">Panini Or Sandwich</p> <p style="text-align: center;">Chocolate Banana Sponge & Chocolate Sauce</p> <p style="text-align: center;">Fresh Fruit or Fruit Yoghurt(Pot)</p>	<p style="text-align: center;">Cheesy Pastry Tomato Ketchup</p> <p style="text-align: center;">Chipped Potatoes</p> <p style="text-align: center;">Carrots & Peas</p> <p style="text-align: center;">Pumpkin Seed Bread</p> <p style="text-align: center;">Panini Or Sandwich</p> <p style="text-align: center;">Fruit Shortcake</p> <p style="text-align: center;">Fresh Fruit or Fruit Yoghurt(Pot)</p>	<p style="text-align: center;">Roast Vegetable parcel</p> <p style="text-align: center;">Chipped Potatoes</p> <p style="text-align: center;">Peas & Sweetcorn</p> <p style="text-align: center;">Sunflower Seed Bread</p> <p style="text-align: center;">Panini Or Sandwich Iced Swiss Bun</p> <p style="text-align: center;">Fresh Fruit or Fruit Yoghurt (Pot)</p>