

Helpful Links for Parents



For a parent with a child in (or about to start) Reception, these websites offer a range of practical preparation tools, financial advice, and specialist support for development and additional needs

Please click on the underlined links below



Preparing for the first Day

Starting Reception

This is your primary toolkit for the transition. It lists 28 specific skills to practice at home to help your child feel confident, such as independently putting on a coat, using the toilet, and opening their own lunchbox. It also offers advice if you're worried about your child's development compared to their peers.

Practical and financial Support

Best Start in Life

This site helps you navigate the practical side of starting school. It includes a childcare checker to see what funding you're still entitled to for wraparound care (like breakfast clubs) and links you to local Family Hubs for "Stay and Play" sessions to help with socialisation.



Helpful Links for Parents

Managing Behaviour & Family Stress Family Lives



Family Lives

The first year of school can be exhausting and lead to new "after-school meltdowns" or anxiety. This site offers a 24/7 helpline and WhatsApp service for non-judgemental advice on handling tantrums, establishing new routines, and supporting your own mental health during the change.



Speech and Language Development

Speech and Language UK

Communication is a huge part of the Reception curriculum. If your child is struggling to follow instructions or express themselves, you can book a free 30-minute call with a specialist advisor to get tailored activities you can do at home.

Support for Additional Needs

Kids

If your child has Special Educational Needs or Disabilities (SEND), this site provides guidance on ensuring they get the right support.

